



ignite your inner I Am (aiam) through unique integrative healing



indigenous healing practices

indigenous healing, sometimes referred to as shamanic healing, a common title used in the west to define ancient healing traditions and techniques has been used in almost all indigenous cultures, from siberia to america. this type of healing is considered sacred to many aboriginal societies and has been kept relatively secret until recently. maia believes that although we all can act as our own teachers and healers, we need others to bear witness to our stories, especially when we need to change them. the healing power of

shamanic technology has worked for many. maia approaches this type of healing work with humility and respect as she believes that it is sacred. her gratitude and blessings go out to those who have kept this medicine alive and now share the teachings. there is spirit in everything, even illness and disease, through this medicine's deeply rooted connection to nature, spirit and community, healing can take place. maia began studying and practicing this type of healing in 2006 and continues to grow and expand her knowledge. clients requiring more intensive or in depth healing may require a referral.



offerings

soul retrieval

animal medicine/totems & spirit guides

guided meditation

narrative medicine

cherokee bodywork

distance healing also available, please call

suggested donation \$80/hour

NCBTMB. LMT. CYI. RYI