

Lisa Marie Russell
Lopez LMT #6229

Cherokee Body Work / Narrative Massage

& HENNA BODY
ART

Also Trained in

Swedish, Trigger
Point, Reflexology,
Shiatsu
Reiki Master, Usui
Lineage

by Appointment
in Santa Fe, NM

505-795-3413

Member ICNHA &
NCBTMB

Lisa BBRussell-LopBodezB

Transformational

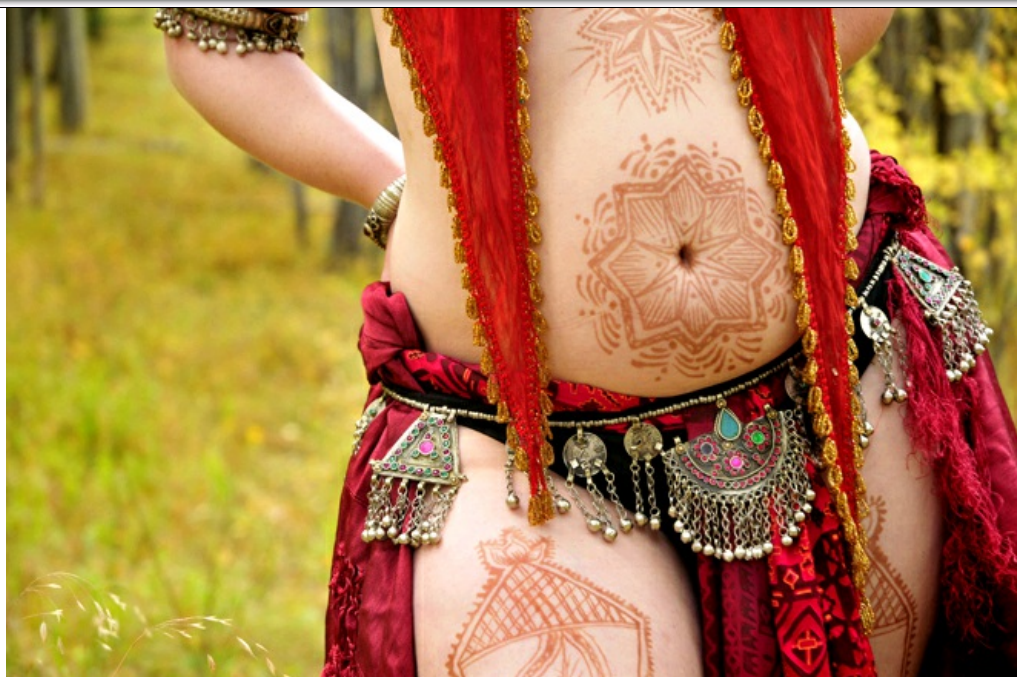
BODY WORK & BODYART

Massage & Henna

Temporary Henna Tattoos, Body Work & Story

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About Us

Lisa's style combines body work with body art and story to create a complete transformational experience.


While in massage school, Lisa discovered henna body art as a tool for personal transformation. By positioning a design meaningful to you, the client, on a corresponding part of the body with a temporary henna stain, you receive a sensory and visual experience of transformation. You may pick a design from archetypal symbols or Lisa can design one to meet your needs.

The story comes from you, too! What memories or stories come up for you in relation to your body's issues? Those stories can be changed to stories of positivity and wellness. The body follows the mind.

Lisa began learning these techniques of Cherokee body work in the Narrative healing style shared by Dr. Lewis Mehl-Madrona, MD, PhD, MPhil (Cherokee-Lakota)

<http://www.mehl-madrona.com/>

During massage training, Lisa realized the stories her clients wanted to tell had meaning for them in the context of their physical complaints. Cherokee Bodywork does NOT require the client to



remove ANY clothing, but the narrative style does involve dialogue between client and therapist during the session.

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