

TEXAS LMT'S : Massage from your SOLE

With Ashiatsu Oriental Bar Therapy

Ashi-Thai. December 15-16 2011. San Antonio.

Take barefoot compression to a higher level of clinical application or use in conjunction with sports massage. Ashi-Thai is a versatile expression of traditional Thai techniques and exercises that have been modified to be applied "solely" by the feet, using with bars on the ceiling for the LMT's safe leverage and support. Ashi-Thai is performed with the client fully clothed, without any oils or creams. Create a "zero-gravity" effect in the passive stretches you provide while saving your own body from the strain of lifting heavy limbs – use your strong legs to lift and twist your clients into pretzels!

\$399, 16 CE's

Barefoot Basics. January 12-15 2012. Houston.

Create a structural change in chronic soft tissue damage with this barefoot massage technique using deep strokes from YOUR feet. This western spin on ancient forms of bodywork has roots dating back thousands of years from cultures across Asia, India, Africa and the Pacific Rim. In 3 fun days you will learn an entire protocol for the posterior aspect of the body, and will graduate with confidence in the work. Feel every stroke from your instructor, work on the instructor for direct feedback, give and receive over 2.5 hours of massage each day, AND have the chance to practice on real clients in class. Learn the correct body mechanics to ensure the highest level of technique application and safety, learn how to construct your own set of bars, and learn how to market Ashiatsu for your business.

\$595, 25 CE's

Your Instructor: Jeni Spring

Jeni Spring, LMT, LMP, MTI is Texas' only authorized instructor for Ashiatsu Oriental Bar Therapy, and loves to teach LMT's the art of barefoot massage! Trained directly by the founder of the modality, Ruthie Hardee, Jeni has been using AOBT since 2002 in her private practice with great success. Since she began teaching AOBT in 2009, Jeni has taught across the U.S., offered the first European Ashiatsu class, and was the modalities top producing instructor for 2010. Jeni has also presented Ashiatsu at various state and national conventions.



NCBTMB # 283551-00
Texas MTI# 2235
Texas CE#1378

CE's valid in TX, LA, MS,
FL & more!

Learn the "deepest, most luxurious massage on the planet" from the founding source of this style of barefoot massage

WHY LEARN ASHIATSU?

- Give more deep tissue massages each day
- Maintain consistency in deep pressure without tiring yourself
- Deliver greater pressure with your feet.
- Make more money by the hour and see more clients per day!
- Eliminate stress on your wrists, thumbs and shoulders and instead STRENGTHEN and LENGTHEN them with the help of the overhead Ashiatsu bars!
- Reduce therapist burn out – mentally and physically.
- Take years of stress off your lumbar area from avoiding bending over the massage table.
- Have fun while you work while you dance and stretch on your clients.
- Provide your clients with improved posture and movement while relieving their pain.
- Enjoy the feedback from your clients' raving about your fabulous, comfortable deep tissue barefoot massage.



SIGN UP TODAY!

HeelingSole.com
210.623.0026