



NeuroMuscular Therapy

Increase knowledge & skill.
August 12-13 | 10a-6p

Neuromuscular Therapy (NMT) is a specific treatment program for managing acute and chronic pain syndromes by applying specific therapeutic massage techniques combined with movement, stretching and strengthening programs to restore efficient posture and eliminate the causes of most soft tissue pain patterns.

slanders@waubonsee.com | 630.906.4237

Students learn the 6 Physiological Factors that create and/or intensify pain and various strategies for treatment.

- Classroom | 16 hrs
- 2 Consecutive Days
- Massage tables required
- Equipment provided by students

approved by National Certification Board for Therapeutic Massage & Bodywork



“During the last sixty years, neuromuscular therapy (NMT) has emerged as a significant methodology for assessing, treating and preventing soft tissue injuries and chronic pain. NMT, a series of treatment protocols based on the practitioner's skill, anatomy knowledge and precise palpatory application, has found its home, not only in the treatment rooms of massage therapy, but also in occupational therapy, physical therapy, nursing, dentistry, chiropractic, osteopathic and physical medicine clinics worldwide. With a foothold planted in both holistic and traditional medicine, its future is solidly founded and holds much promise.”

Judith DeLany, Founder, American Version of NMT™



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