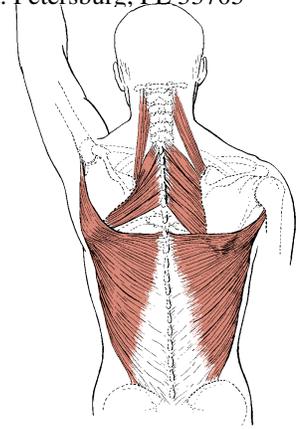


# NMT for Torso/Pelvis

NMT American version™  
NMT Center ☎ ☎ ☎ (727) 821-7167  
900 14<sup>th</sup> Avenue North St. Petersburg, FL 33705



Here's the next NMT course offered in your area!

**SEMINAR LOCATION:** Hampton Inn and Suites  
5201 Old Orchard Rd.  
Skokie, IL 60077

**SEMINAR HOURS:** July 9-10-11, 2010  
Friday: 12:30 - 1pm registration  
1 - 6pm lecture (*guests welcome*)  
Saturday: 9am - 5:30pm (with lunch break)  
Sunday: 9am - 5:30pm (with lunch break)

**GUESTS ATTENDANCE:** **Friday's presentation** is open to the all at no charge. Invite colleagues or referring health professionals to come with you for this dynamic NMT presentation.

**HOW TO REGISTER:** You can register by phone – Call Steph (773)485-2691. Register online at [www.nmtcenter.com](http://www.nmtcenter.com) or by mail sent to NMT Center (see above).

**WHEN TO REGISTER:** To assure your seat, register NOW. To avoid a \$50 late registration fee, complete your registration at least 4 weeks prior to the event. If you received this notice less than four weeks out, ask us to waive your late fee.

**WHO CAN ATTEND:** Although the course is designed for manual practitioners, anyone with a sincere desire to study NMT can enroll. All participants should review the anatomy listed below in preparation for the course.

**TUITION:** Each NMT seminar requires an investment of \$395 (\$295 for reviewer). Course supplies include binder, application pack and pressure bar (at first event) and a course manual is given at each event. A \$100 non-refundable deposit or payment in full assures your seat in this 20 CE contact hour course.

**COURSE CONTENT:** This course will include discussions of the regional anatomy of torso and pelvis, trigger points, common surgeries and pathologies, respiratory mechanics, influences of breathing pattern disorders and much more! Saturday afternoon is dedicated to strategic use of the pressure bars.

**WHAT TO STUDY:** Please review the following anatomy, including muscle attachments and functions:

Spinous & transverse process	Trapezius	Diaphragm
Iliolumbar ligament	Rhomboids major & minor	Psoas major & minor
Sacroiliac ligament	Serratus post. superior & inferior	Iliacus
Sacroiliac joint	Erector spinae	Rectus abdominis
Supraspinus ligament	Intercostales	Obliquus muscles
Costal cartilage	Interspinalis	Pyramidalis
Post. superior iliac spine (PSIS)	Multifidus	Latissimus dorsi
Ant. superior iliac spine (ASIS)	Rotatores	Gluteals
Lamina groove	Quadratus lumborum	Sacro tuberous ligament

We look forward to sharing this exciting seminar with you and congratulate you in advance for making the commitment to yourself and your career to experience this forum. See you there!

**EVENT SPONSOR: Body Biz, Inc. (773)485-2691 [steph@bodybizinc.com](mailto:steph@bodybizinc.com)**